



# Roots to Recovery: A Holistic Approach to Substance Use Treatment

Building a new life in recovery from substance use is a powerful journey. CHR gives you Real Hope and helps you plant strong roots for health and continued growth, well-being, and stability.

## PROGRAM DESCRIPTION:

Roots to Recovery: A Holistic Approach to Substance Use Treatment (R2R) is an intermediate, 24/7 residential treatment for men 18+ in need of a structured environment to continue building upon their recovery skills. With 13 beds, and a length of stay of up to 90 days, R2R provides a broad range of trauma-informed programs and services, including aftercare planning and referrals. As part of the CHR behavioral healthcare system, clients have access to a broad range of recovery-oriented services.

---

## INDIVIDUALIZED TREATMENT PLANS:

Personalized treatment plans are developed at intake and assessment and are adjusted as treatment goals are completed. A structured daily treatment schedule includes:

- Individualized counseling
- Group therapy
- Psychiatric assessment and consultation
- Recovery Support Services

---

## ADMISSION PROCEDURE:

R2R can be reached during regular business hours to schedule a phone screening; clients are admitted seven days a week. We accept Primary Medicaid A, B, C, D.

## CALL US:

- Transition Coordinator: 860.771.4895
- Fax: 860.423.3351

## STAFF:

- Jennifer Butler, LPC, Clinical Program Director
- Burton Bates, Residential Manager
- Keith Sawyer, Senior Residential Aide

FOR GENERAL AGENCY INFORMATION OR TO  
ACCESS OUR TRIAGE CENTER CALL:

1.877.884.3571 OR VISIT [WWW.CHRHEALTH.ORG](http://WWW.CHRHEALTH.ORG)

LICENSED BY DPH, DMHAS, ACCREDITED BY THE JOINT COMMISSION



## WE'RE READY TO HELP

CHR accepts referrals from parents, guardians, family members and friends. We also take referrals from schools, hospitals, private providers, primary care physicians, pediatricians, community agencies and emergency service personnel, to name a few. We also welcome self-referrals.

CHR accepts Medicaid, HUSKY, Medicare and most major health insurances as partial or full payment for services.

---

## A NETWORK OF SUPPORT

24-Hour On-Call Emergency Professional Coverage

Crisis Intervention and Support

Outpatient Services (Adult, Child and Family)

- Clinical and psychiatric assessments
- Evaluation, treatment recommendations and medication management
- Individual, family and group therapy
- Treatment of depression, anxiety and other psychological problems
- Substance use assessment and treatment

Child and Family Specialty Programs

- Trauma-Focused Cognitive Behavioral Therapy
- Adolescent Community Reinforcement Approach
- Foster Care
- Community Support for Families

Child and Family In-Home Services

- Functional Family Therapy
- Intensive In-Home Child & Adolescent Psychiatric Service
- Multi-Dimensional Family Therapy

Adult Services

- Intensive Outpatient/IOP Plus
- Residential Substance Use Treatment Programs
- Community Support and Rehabilitation
- MAT for Opiate Dependence

Adult In-Home Services

- Mobile Crisis Response Team
- Assertive Community Treatment

Primary Care and Wellness Services

- Whole Health and Behavioral Health Home

Housing Services

- Residential, Outreach and Supportive Housing Programs
- 

## CONVENIENT LOCATIONS

### BLOOMFIELD

693 BLOOMFIELD AVENUE, SUITE 101  
BLOOMFIELD • CT 06002

### DANIELSON

71 WESTCOTT ROAD  
DANIELSON • CT 06239

### ENFIELD

153 HAZARD AVENUE  
ENFIELD • CT 06082

### HARTFORD

999 ASYLUM AVENUE, SUITE 502  
HARTFORD • CT 0610

### MANCHESTER

THE CENTER FOR HEALTH &  
WELLNESS  
444 CENTER STREET  
MANCHESTER • CT 06040

### MIDDLETOWN

955 SOUTH MAIN STREET  
MIDDLETOWN • CT 06457

### NORWICH

55 MAIN STREET, SUITE 410  
NORWICH • CT 06360

### PUTNAM

391 POMFRET STREET  
PUTNAM • CT 06260

### WILLIMANTIC

1310 MAIN STREET  
WILLIMANTIC • CT 06226

### WILLIMANTIC

1491 WEST MAIN STREET  
WILLIMANTIC • CT 06226

FOR AVAILABILITY OF SERVICES IN YOUR AREA, CALL CHR'S  
TRIAGE CENTER AT 1.877.884.3571 OR VISIT [WWW.CHRHEALTH.ORG](http://WWW.CHRHEALTH.ORG)