

The Rose Center

CHR's Sub-Acute Crisis Stabilization Program



The Rose Center program is a short-term residential stabilization service for youth ages 5-18 years old who are experiencing a mental health or behavioral crisis.

At The Rose Center, trained and compassionate staff from CHR will support the stabilization of both the youth and their family by providing:

- Individual, family, and group therapy
- Psychiatric consultation and medication management
- Safety and stabilization support
- Skills development for caregivers and youth
- Linkages to ongoing care

Youth can stay at The Rose Center for up to 14 days, based on individual needs. Admission to the program is based on appropriateness and availability. Stabilization goals are co-created for youth upon admission through collaboration with caregivers, the youth, and providers. All care reflects CHR's commitment to honor the youth and family's voice and provide a strengths-based approach.

Referrals:

All referrals for the Rose Center program are only permitted by Mobile Crisis, an Urgent Crisis Center, ECC, CCBHC, emergency department, or an inpatient psychiatric hospital.

Contact:

Referrals can be sent to: RoseCenterReferrals@chrhealth.org
Phone: 860-771-4900

Location:

Norwich, CT

Please review important details on the reverse side of this flyer.

Food

The Rose Center will provide all meals to youth. The Rose Center can meet the dietary needs of most youth who have food allergies and unique dietary needs. If your child has specific needs, please indicate this during the admission process.

Bringing food from outside is highly discouraged. However, The Rose Center believes in celebrating milestone events for youth in programming. Families will be allowed to bring food for such events when approved by the clinical team.

Clothing

Families will be asked to bring 7 days' worth of clothing for their child. The Rose Center program is equipped with a washer/dryer and staff will assist youth with laundering.

It is recommended that youth bring appropriate clothing, such as clothing without violent or graphic images. The Rose Center also asks families to pack clothing without strings, including hoodies and lace sneakers.

Hygiene Items

The Rose Center will provide soap, shampoo, and other sanitary items. Families will need to provide some hygiene products, such as specialized lotions and menstrual products. If youth require specific accommodations, please inform staff during the admission process. Sharp objects, such as razors and scissors, are not permitted.

Medication

If a child is prescribed medications, The Rose Center requires the following documentation at admission:

- Copy of insurance card
- 14-day supply of verified medications (in original pharmacy bottle)
- Permission for medical treatment
- Copy of annual physical and immunizations
- Guardian's permission to continue medication and/or make adjustments to medication, as assessed by the program's psychiatrist

Transportation

Youth may attend school after they have been assessed by the clinical team. However, The Rose Center does not provide transportation to school, appointments, or community activities. Families and caregivers are required to provide round trip transportation or work with their school system for transportation.

Family Engagement

Families are expected to participate in no fewer than 2 family sessions per week. However, families may be required to participate in additional sessions depending on progress towards stabilization. Family sessions will be held with the youth present. However, parenting/coaching sessions are also a part of The Rose Center's treatment. The need for parenting sessions will be determined by the clinical treatment team.

Prohibited Items

The following items are not permitted by the program: cameras, personal video games, computers, money, gaming systems, cell phones, vapes and all forms of contraband. Upon admission, a more extensive list of prohibited items will be provided.

