



# New Life Center

At CHR's New Life Center, we are here to provide help, hope, and support so that women can realize that **new beginnings are within reach.**

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## PROGRAM DESCRIPTION:

The New Life Center is a long-term residential substance use treatment center for women with infants and toddlers and/or expectant mothers with a history of substance use and mental health issues. Women and their young children can reside at New Life for the duration of their treatment needs. Special emphasis is placed on providing positive parenting skills and building lifelong skills to enhance communication and resiliency. Mothers and children are able to stay 3-6 months, pending Carelon authorization and based on each woman's individualized treatment plan. Methadone services are available through our Pathways Medication Assisted Treatment Program. Care is provided in a respectful environment on CHR's Putnam campus.

## THE PROGRAM INCLUDES:

- Individual and Group Counseling - Sessions address and advance the goals of Individualized care plans. Groups are scheduled daily and focus on co-occurring disorders through our trauma-informed, gender responsive curriculum. Additionally, women are educated on how to connect with AA/NA supports to obtain a sponsor and support resources.
- Independent Living Skills - Mothers and their children participate in the community through medical appointments, shopping trips, and sober leisure activities to practice their independent living skills while being supported by staff so they may return to a life of recovery in their communities.
- Family-Centered Interventions - CHR helps facilitate interventions that address all members in the family and include efforts to improve relationships with significant others, including partners, parents, siblings, children, and caretakers. These interventions can be an important part of preparation for long-term recovery.
- Parenting and Infant/Child Services and Supports - Treatment includes an emphasis on parenting skills, developing a system of support, child development and care-taking, skill building, and addressing feelings over past parenting activities.

FOR MORE INFORMATION ABOUT NEW LIFE, PLEASE CONTACT:  
1.860.753.4496 OR [NEWLIFEADMISSIONS@CHRHEALTH.ORG](mailto:NEWLIFEADMISSIONS@CHRHEALTH.ORG).

CHR'S PUTNAM CAMPUS  
391 POMFRET STREET • PUTNAM • CT 06260

LICENSED BY DPH, ACCREDITED BY THE JOINT COMMISSION

## WE'RE READY TO HELP

CHR accepts referrals from parents, guardians, family members and friends. We also take referrals from schools, hospitals, private providers, primary care physicians, pediatricians, community agencies and emergency service personnel, to name a few. We also welcome self-referrals.

CHR accepts Medicaid, HUSKY, Medicare and most major health insurances as partial or full payment for services.

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## A NETWORK OF SUPPORT

24-Hour On-Call Emergency Professional Coverage

Crisis Intervention and Support

Outpatient Services (Adult, Child and Family)

- Clinical and psychiatric assessments
- Evaluation, treatment recommendations and medication management
- Individual, family and group therapy
- Treatment of depression, anxiety and other psychological problems
- Substance use assessment and treatment

Child and Family Specialty Programs

- Trauma-Focused Cognitive Behavioral Therapy
- Adolescent Community Reinforcement Approach
- Foster Care
- Community Support for Families

Child and Family In-Home Services

- Functional Family Therapy
- Intensive In-Home Child & Adolescent Psychiatric Service
- Multi-Dimensional Family Therapy

Adult Services

- Intensive Outpatient/IOP Plus
- Residential Substance Use Treatment Program
- Community Support and Rehabilitation Programs
- MAT for Opiate Dependence

Adult In-Home Services

- Mobile Crisis Response Team
- Assertive Community Treatment

Primary Care and Wellness Services

- Whole Health and Behavioral Health Home

Housing Services

- Residential, Outreach and Supportive Housing Programs

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## CONVENIENT LOCATIONS

### BLOOMFIELD

693 BLOOMFIELD AVENUE, SUITE 101  
BLOOMFIELD • CT 06002

### DANIELSON

71 WESTCOTT ROAD  
DANIELSON • CT 06239

### ENFIELD

153 HAZARD AVENUE  
ENFIELD • CT 06082

### EAST HARTFORD

77 HARTLAND STREET, SUITE 415  
EAST HARTFORD • CT 06108

### HARTFORD

999 ASYLUM AVENUE, SUITE 502  
HARTFORD • CT 06105

### MANCHESTER

THE CENTER FOR HEALTH & WELLNESS  
444 CENTER STREET  
MANCHESTER • CT 06040

### MIDDLETOWN

955 SOUTH MAIN STREET  
MIDDLETOWN • CT 06457

### NORWICH

55 MAIN STREET, SUITE 410  
NORWICH • CT 06360

### PUTNAM

391 POMFRET STREET  
PUTNAM • CT 06260

### WILLIMANTIC

1310 MAIN STREET  
WILLIMANTIC • CT 06226

### WILLIMANTIC

1491 WEST MAIN STREET  
WILLIMANTIC • CT 06226

FOR AVAILABILITY OF SERVICES IN YOUR AREA, CALL CHR'S  
TRIAGE CENTER AT 1.877.884.3571 OR VISIT [WWW.CHRHEALTH.ORG](http://WWW.CHRHEALTH.ORG)