

# Roots to Recovery: A Holistic Approach to Substance Use Treatment

Building a new life in recovery from substance use is a powerful journey. CHR gives you Real Hope and helps you plant strong roots for health and continued growth.

# PROGRAM DESCRIPTION:

Roots to Recovery: A Holistic Approach to Substance Use Treatment (R2R) is an intermediate, 24/7 residential treatment for men in need of a structured environment to continue building upon their recovery skills. With 13 beds, and a variable length of stay from 30 days up to 90 days. R2R provides a broad range of traumainformed programs and services, including aftercare planning and referrals. As part of the CHR behavioral healthcare system, clients have access to a broad range of recovery-oriented services.

## INDIVIDUALIZED CARE

We are a 13 bed, Clinically Managed High-Intensity Residential 3.5 level of care.

We provide group and individual therapy with discharge case management services.

We have a nurse practitioner for psychiatric evaluation and medication management.

# **ADMISSION PROCEDURE:**

R2R can be reached during regular business hours to schedule a phone screening; clients are admitted seven days a week. We accept all insurance including Medicaid.

## CALL US:

Phone number is 860.771.4891 Fax number 860.423.3351

## R2R STAFF:

Jennifer Butler, LPC, Clinical Program Director Burton Bates, RSS, Residential Manager Nicole Murphy, RSS, Transition Coordinator

FOR AVAILABILITY OF SERVICES IN YOUR AREA,
CALL CHR'S TRIAGE CENTER AT:
1.877.884.3571 OR VISIT WWW.CHRHEALTH.ORG
LICENSED BY DPH. ACCREDITED BY THE JOINT COMMISSION



## WE'RE READY TO HELP

CHR accepts referrals from parents, guardians, family members and friends. We also take referrals from schools, hospitals, private providers, primary care physicians, pediatricians, community agencies and emergency service personnel, to name a few. We also welcome self-referrals.

CHR accepts Medicaid, HUSKY, Medicare and most major health insurances as partial or full payment for services.

# A NETWORK OF SUPPORT

24-Hour On-Call Emergency Professional Coverage Crisis Intervention and Support

Outpatient Services (Adult, Child and Family)

- Clinical and psychiatric assessments
- Evaluation, treatment recommendations and medication management
- Individual, family and group therapy
- Treatment of depression, anxiety and other psychological problems
- Substance use assessment and treatment

## Child and Family Specialty Programs

- Trauma-Focused Cognitive Behavioral Therapy
- Adolescent Community Reinforcement Approach
- **Foster Care**
- **Community Support for Families**

# Child and Family In-Home Services

- **Functional Family Therapy**
- Intensive In-Home Child & Adolescent **Psychiatric Service**
- Multi-Dimensional Family Therapy

#### **Adult Services**

- Intensive Outpatient/IOP Plus
- Residential Substance Use Treatment Program
- **Community Support and Rehabilitation Programs**
- **MAT for Opiate Dependence**

#### **Adult In-Home Services**

- Mobile Crisis Response Team
- **Assertive Community Treatment**

#### **Primary Care and Wellness Services**

Whole Health and Behavioral Health Home

### **Housing Services**

Residential, Outreach and Supportive Housing

## **CONVENIENT LOCATIONS**

## BLOOMFIELD

693 BLOOMFIELD AVENUE, SUITE 101 BLOOMFIELD • CT 06002

#### **DANIELSON**

71 WESTCOTT ROAD DANIELSON • CT 06239

### **ENFIELD**

**153 HAZARD AVENUE** ENFIELD • CT 06082

#### **FAST HARTFORD**

77 HARTLAND STREET, SUITE 415 EAST HARTFORD • CT 06108

## **HARTFORD**

999 ASYLUM AVENUE, SUITE 502 HARTFORD • CT 06105

# **MANCHESTER**

THE CENTER FOR HEALTH & **WELLNESS 444 CENTER STREET** MANCHESTER • CT 06040

#### **MIDDLETOWN**

955 SOUTH MAIN STREET MIDDLETOWN • CT 06457

#### **NORWICH**

55 MAIN STREET, SUITE 410 NORWICH • CT 06360

#### **PUTNAM**

**391 POMFRET STREET PUTNAM • CT 06260** 

#### WILLIMANTIC

1310 MAIN STREET WILLIMANTIC • CT 06226

### **WILLIMANTIC**

1491 WEST MAIN STREET WILLIMANTIC • CT 06226