



Triage Center

CALL TOLL FREE 1.877.884.3571

Asking for help for a mental health or substance abuse disorder might be one of the hardest things a person will ever do. At CHR, we're here to listen and offer **real hope**.

Whether you're calling for yourself or referring someone else, asking for help is hard. If you're trying to find the right service, or just someone to listen to your concerns, help is a phone call away. CHR's Triage Center is a team of caring professionals who provide a first step toward positive and lasting change.

YOU TALK. WE LISTEN.

If you or someone you care about needs help, CHR is ready to listen. During the call, our attentive staff will discuss your concerns, and ask questions about health history, previous treatment and any medications. After learning about your needs, our staff will recommend the best treatment options. We'll also answer questions, discuss program eligibility requirements, process insurance information and schedule an appointment. If necessary we will link you to other providers to best meet your needs.

WE ENCOURAGE CALLS TO:

- Receive information about available behavioral health services
- Learn about and schedule services
- Receive immediate assistance during a crisis situation due to behaviors or symptoms related to mental illness or substance abuse

MAKING THE CALL

To reach the Triage Center, please call toll free **1.877.884.3571**.

When seeking help for yourself or referring someone else in a non-emergency situation, the Triage Center team is available: Monday through Thursday from 8 a.m. – 8 p.m. and Friday 8 a.m. – 5 p.m.

In a crisis, CHR provides support 24 hours a day, 365 days a year. The Triage Center offers phone support and mobile emergency teams who travel directly to the person in need to provide intervention, stabilization and access to hospitalization when necessary. For a child in crisis, dial 211.

CALL TOLL FREE

1.877.884.3571 OR VISIT WWW.CHRHEALTH.ORG

LICENSED BY DCF AND DPH, ACCREDITED BY THE JOINT COMMISSION



WE'RE READY TO HELP

CHR accepts referrals from parents, guardians, family members and friends. We also take referrals from schools, hospitals, private providers, primary care physicians, pediatricians, community agencies and emergency service personnel, to name a few. We also welcome self-referrals.

CHR accepts HUSKY, Medicare and most major health insurances as partial or full payment for services.

A NETWORK OF SUPPORT

24-Hour On-Call Emergency Professional Coverage

Crisis Intervention and Support

Outpatient Services (Adult, Child and Family)

- Clinical and psychiatric assessments
- Evaluation, treatment recommendations and medication management
- Individual, family and group therapy
- Treatment of depression, anxiety and other psychological problems
- Substance use assessment and treatment

Child and Family Specialty Programs

- Trauma-Focused Cognitive Behavioral Therapy
- Adolescent Community Reinforcement Approach
- Foster Care
- Community Support for Families

Child and Family In-Home Services

- Functional Family Therapy
- Intensive In-Home Child & Adolescent Psychiatric Service
- Multi-Dimensional Family Therapy

Adult Services

- Intensive Outpatient/IOP Plus
- Residential Substance Use Treatment Programs
- Community Support and Rehabilitation
- MAT for Opiate Dependence

Adult In-Home Services

- Mobile Crisis Response Team
- Assertive Community Treatment

Primary Care and Wellness Services

- Whole Health and Behavioral Health Home

Housing Services

- Residential, Outreach and Supportive Housing Programs

CONVENIENT LOCATIONS

BLOOMFIELD

693 BLOOMFIELD AVENUE, SUITE 101
BLOOMFIELD • CT 06002

DANIELSON

71 WESTCOTT ROAD
DANIELSON • CT 06239

ENFIELD

153 HAZARD AVENUE
ENFIELD • CT 06082

EAST HARTFORD

77 HARTLAND STREET, SUITE 415
EAST HARTFORD • CT 06108

HARTFORD

999 ASYLUM AVENUE, SUITE 502
HARTFORD • CT 06105

MANCHESTER

THE CENTER FOR HEALTH
& WELLNESS

444 CENTER STREET
MANCHESTER • CT 06040

MIDDLETOWN

955 SOUTH MAIN STREET
MIDDLETOWN • CT 06457

NORWICH

55 MAIN STREET, SUITE 410
NORWICH • CT 06360

PUTNAM

391 POMFRET STREET
PUTNAM • CT 06260

WILLIMANTIC

1310 MAIN STREET
WILLIMANTIC • CT 06226

WILLIMANTIC

1491 WEST MAIN STREET
WILLIMANTIC • CT 06226

FOR AVAILABILITY OF SERVICES IN YOUR AREA, CALL CHR'S
TRIAGE CENTER AT **1.877.884.3571** OR VISIT WWW.CHRHEALTH.ORG