



# Mobile Crisis Response Team

Sometimes life can spiral out of control. But when it's time to make a tough call, we're here to help and **offer hope.**

If you or someone you know is experiencing or at risk of experiencing a mental health or substance use crisis, CHR's Mobile Crisis Response Team is just a phone call away. Our interdisciplinary team of mental health professionals is available 24 hours a day, seven days a week to provide short-term crisis response, stabilization and intervention. We go to the person in need, so that the individual can remain in a comfortable environment. Our timely response and intervention reduces the risk of the crisis escalating, and is an alternative to hospitalization.

## WHEN TO CALL

- If you or someone you know is experiencing a mental health or substance use crisis
- If a situation seems to be out of control and you need immediate access to mental health professionals
- If you or someone you know is threatening to harm anyone, including yourself

## HOW WE HELP

The Mobile Crisis Response Team provides a number of integrated services including:

- Evaluation of immediate need for crisis/emergency services (telephone triage)
- Crisis intervention and/or assistance in de-escalating the situation
- Risk assessment and evaluation for more intensive services
- Short-term crisis management until other supports/services are in place, or the crisis is resolved
- Liaison between individual, families, health care providers and emergency services
- Coordination of appropriate community-based services for ongoing treatment and follow up

## WHO CAN CALL

We accept self-referrals, as well as referrals from family and friends, health care providers and those in the community—essentially any person concerned about the well being of another.

This program serves the adult population, including DMHAS, DMR, DCF and the elderly in:

- |               |                |                    |                    |
|---------------|----------------|--------------------|--------------------|
| • Amston      | • East Windsor | • Manchester       | • Suffield         |
| • Andover     | • Ellington    | • Somers           | • Tolland          |
| • Bloomfield  | • Enfield      | • South Windsor    | • Vernon/Rockville |
| • Bolton      | • Granby       | • Stafford         | • Windsor          |
| • East Granby | • Hebron       | • Stafford Springs | • Windsor Locks    |

## CALL TOLL FREE

1.877.884.3571 OR VISIT [WWW.CHRHEALTH.ORG](http://WWW.CHRHEALTH.ORG)

LICENSED BY DPH, ACCREDITED BY THE JOINT COMMISSION



## WE'RE READY TO HELP

CHR accepts referrals from parents, guardians, family members and friends. We also take referrals from schools, hospitals, private providers, primary care physicians, pediatricians, community agencies and emergency service personnel, to name a few. We also welcome self-referrals.

CHR accepts HUSKY, Medicare and most major health insurances as partial or full payment for services.

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## A NETWORK OF SUPPORT

### 24-Hour On-Call Emergency Professional Coverage

#### Crisis Intervention and Support

#### Outpatient Services (Adult, Child and Family)

- Clinical and psychiatric assessments
- Evaluation, treatment recommendations and medication management
- Individual, family and group therapy
- Treatment of depression, anxiety and other psychological problems
- Substance use assessment and treatment

#### Child and Family Specialty Programs

- Trauma-Focused Cognitive Behavioral Therapy
- Adolescent Community Reinforcement Approach
- Foster Care
- Community Support for Families

#### Child and Family In-Home Services

- Functional Family Therapy
- Intensive In-Home Child & Adolescent Psychiatric Service
- Multi-Dimensional Family Therapy

#### Adult Services

- Intensive Outpatient/IOP Plus
- Residential Substance Use Treatment Program
- Community Support and Rehabilitation Programs
- MAT for Opiate Dependence

#### Adult In-Home Services

- Mobile Crisis Response Team
- Assertive Community Treatment

#### Primary Care and Wellness Services

- Whole Health, Behavioral Health Home

#### Housing Services

- Residential, Outreach and Supportive Housing Programs

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## CONVENIENT LOCATIONS

### BLOOMFIELD

693 BLOOMFIELD AVENUE, SUITE 101  
BLOOMFIELD • CT 06002

### DANIELSON

71 WESTCOTT ROAD  
DANIELSON • CT 06239

### ENFIELD

153 HAZARD AVENUE  
ENFIELD • CT 06082

### EAST HARTFORD

77 HARTLAND STREET, SUITE 415  
EAST HARTFORD • CT 06108

### HARTFORD

999 ASYLUM AVENUE, SUITE 502  
HARTFORD • CT 06105

### MANCHESTER

THE CENTER FOR HEALTH & WELLNESS  
444 CENTER STREET  
MANCHESTER • CT 06040

### MIDDLETOWN

955 SOUTH MAIN STREET  
MIDDLETOWN • CT 06457

### NORWICH

55 MAIN STREET, SUITE 410  
NORWICH • CT 06360

### PUTNAM

391 POMFRET STREET  
PUTNAM • CT 06260

### WILLIMANTIC

1310 MAIN STREET  
WILLIMANTIC • CT 06226

### WILLIMANTIC

1491 WEST MAIN STREET  
WILLIMANTIC • CT 06226

FOR AVAILABILITY OF SERVICES IN YOUR AREA, CALL CHR'S  
ASSESSMENT CENTER AT 1.877.884.3571 OR VISIT WWW.