

# CHR's School-Based Child and Family Outpatient Services



**CHR is the region's most comprehensive behavioral healthcare agency** and home to a vibrant Child and Family Outpatient practice with services ranging from individual and family therapy to crisis intervention. For the convenience of families in the region, CHR is partnering with local schools in Central and Eastern Connecticut to provide outpatient child and family behavioral healthcare services in school-based clinics.

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## Services include:

- **Individual and family treatment in schools**, during the school day, to help students with issues such as depression, anxiety, trauma, family conflict, school challenges, substance use and behavior issues.
- **Crisis support** including emergency professional coverage
- **Short- and long-term therapy**, including evidence-based practices to treat trauma, substance use, and more
- **Close collaboration** with parents, families, schools and other community resources
- **Support for parents**

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*CHR accepts Husky insurance, most commercial insurers, and has a sliding fee policy.*

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**Learn more**

Please contact CHR's Triage Center at **1-877-884-3571**.

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CHR also offers a range of in-home programs for children and families. CHR's Triage Center can provide information regarding these programs.