



Intensive In-Home Child and Adolescent Psychiatric Services (IICAPS)

Having a child return from hospitalization, or be at risk for hospitalization or placement outside of the home is scary. Families facing this possibility now have **real hope**.

Sometimes life can feel like there are no more options. For children returning from, or at risk for, hospitalization or placement outside of the home, CHR is there to help. Our Intensive In-Home Child and Adolescent Psychiatric Services (IICAPS) is a home-based, family-focused treatment program that helps children in their homes and prevents the need for hospitalization. By recognizing a child's strengths, we can focus on them as part of a specialized treatment plan. We also help identify and resolve problems that could result in hospitalization.

A CLOSER LOOK AT IICAPS

IICAPS is a proven approach found to be useful in a wide range of children up to age 17 and their families, including youth with emotional issues. This includes youths who are returning home from psychiatric hospitalization, at-risk for institutionalization or hospitalization, or need more than traditional outpatient services.

OUR SERVICES INCLUDE:

- Home-based, time-limited, individual and family therapy
- 24-hour crisis response
- Parent guidance and training in behavioral management techniques
- School consultation
- Case management

HOPE CAN BE FOUND AT HOME

There are children who need extra help to improve important relationships at home, school and in the community. IICAPS is a proven approach found to be useful in a wide range of children up to age 17 and their families, including youth with emotional issues. This includes youths who are returning home from psychiatric hospitalization, at-risk for institutionalization or hospitalization, or need more than traditional outpatient services.

HERE IS WHAT OUR CLIENTS AND THEIR FAMILIES ARE SAYING:

"They helped me be the mother role in the family instead of the sister role, and my son listens now."

"The best thing about the program...helping me." (8 year-old female)

CALL TOLL FREE

1.877.884.3571 OR VISIT WWW.CHRHEALTH.ORG

LICENSED BY DCF AND DPH, ACCREDITED BY THE JOINT COMMISSION



WE'RE READY TO HELP

CHR accepts referrals from parents, guardians, family members and friends. We also take referrals from schools, hospitals, private providers, primary care physicians, pediatricians, community agencies and emergency service personnel, to name a few. We also welcome self-referrals.

CHR accepts Medicaid, HUSKY, Medicare and most major health insurances as as partial or full payment for services.

A NETWORK OF SUPPORT

24-Hour On-Call Emergency Professional Coverage

Crisis Intervention and Support

Outpatient Services (Adult, Child and Family)

- Clinical and psychiatric assessments
- Evaluation, treatment recommendations and medication management
- Individual, family and group therapy
- Treatment of depression, anxiety and other psychological problems
- Substance use assessment and treatment

Child and Family Specialty Programs

- Trauma-Focused Cognitive Behavioral Therapy
- Adolescent Community Reinforcement Approach
- Foster Care
- Community Support for Families

Child and Family In-Home Services

- Functional Family Therapy
- Intensive In-Home Child & Adolescent Psychiatric Service
- Multi-Dimensional Family Therapy

Adult Services

- Intensive Outpatient/IOP Plus
- Residential Substance Use Treatment Program
- Community Support and Rehabilitation Programs
- MAT for Opiate Dependence

Adult In-Home Services

- Mobile Crisis Response Team
- Assertive Community Treatment

Primary Care and Wellness Services

- **Whole Health and Behavioral Health Home**

Housing Services

- Residential, Outreach and Supportive Housing Programs
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CONVENIENT LOCATIONS

BLOOMFIELD

693 BLOOMFIELD AVENUE, SUITE 101
BLOOMFIELD • CT 06002

DANIELSON

71 WESTCOTT ROAD
DANIELSON • CT 06239

ENFIELD

153 HAZARD AVENUE
ENFIELD • CT 06082

HARTFORD

999 ASYLUM AVENUE, SUITE 502
HARTFORD • CT 06105

EAST HARTFORD

474 SCHOOL STREET
EAST HARTFORD • CT 06108

MANCHESTER

THE CENTER FOR HEALTH & WELLNESS
444 CENTER STREET
MANCHESTER • CT 06040

MANSFIELD

7B LEDGEBROOK DRIVE
MANSFIELD • CT 06250

MIDDLETOWN

955 SOUTH MAIN STREET
MIDDLETOWN • CT 06457

NORWICH

55 MAIN STREET, SUITE 410
NORWICH • CT 06360

PUTNAM

391 POMFRET STREET
PUTNAM • CT 06260

WILLIMANTIC

433 VALLEY STREET
WILLIMANTIC • CT 06226

WILLIMANTIC

1491 WEST MAIN STREET
WILLIMANTIC • CT 06226

**FOR AVAILABILITY OF SERVICES IN YOUR AREA, CALL CHR'S
ASSESSMENT CENTER AT 1.877.884.3571 OR VISIT WWW.CHRHEALTH.ORG**