



Community Support for Families

CHR believes children and families are more successful if they have a strong **community of support. We are here to help make that happen.**

CHR's Community Support for Families program, located in the communities of Norwich, Willimantic and Middletown, partners with families to help identify strengths, address needs and connect them with services and supports in the community. By engaging families in their service planning we work to build upon individual strengths to connect families to appropriate prevention, intervention and support services. Our staff, including parent navigators, work with families to develop family-focused care plans that fit their unique situations. Our staff builds teams of support from within the community, arranges for services, coordinates care, provides follow up and advocates on behalf of children and families.

OUR APPROACH

Families are the experts in knowing what they need. Our social workers will work with families to find the right kind of help. We explain what services and supports are available in their communities and work with families to determine what supports would best help to improve their health and wellness. We help families:

- Strengthen the bond between parents and children.
- Learn about parenting strategies, communication tools and resources.
- Know when to seek help and where to find help.
- Develop a strong connection to the community.
- Find resources to help meet basic needs of families.

WE HELP BECAUSE WE CARE

Referrals from this program come exclusively through DCF's Family Assessment Response Program. Contact CHR's Triage Center for more information at [1.877.884.3571](tel:18778843571).

CHR ALSO OFFERS A NUMBER OF SERVICES FOR CHILDREN AND FAMILIES INCLUDING:

Care Coordination
Emergency Mobile Psychiatric Services (EMPS)
Family Enrichment Services
Child and Family Outpatient Services
Parent Support Groups
Functional Family Therapy
Nurturing Families
Family Support Teams
Strengthening Families
Integrated Family Violence Services

Foster and Adoptive Support Teams
Intensive In-Home Child and Adolescent Psychiatric Services
Therapeutic Foster Care
Multidimensional Family Therapy
Reconnecting Families
Adolescent Substance Abuse
Trauma Focused Cognitive Behavioral Therapy

VISIT WWW.CHRHEALTH.ORG

LICENSED BY DCF AND DPH, ACCREDITED BY THE JOINT COMMISSION



WE'RE READY TO HELP

CHR accepts referrals from parents, guardians, family members and friends. We also take referrals from schools, hospitals, private providers, primary care physicians, pediatricians, community agencies and emergency service personnel, to name a few. We also welcome self-referrals.

CHR accepts Medicaid, HUSKY, Medicare and most major health insurances as as partial or full payment for services.

A NETWORK OF SUPPORT

24-Hour On-Call Emergency Professional Coverage

Crisis Intervention and Support

Outpatient Services (Adult, Child and Family)

- Clinical and psychiatric assessments
- Evaluation, treatment recommendations and medication management
- Individual, family and group therapy
- Treatment of depression, anxiety and other psychological problems
- Substance use assessment and treatment

Child and Family Specialty Programs

- Trauma-Focused Cognitive Behavioral Therapy
- Adolescent Community Reinforcement Approach
- Foster Care
- Community Support for Families

Child and Family In-Home Services

- Functional Family Therapy
- Intensive In-Home Child & Adolescent Psychiatric Service
- Multi-Dimensional Family Therapy

Adult Services

- Intensive Outpatient/IOP Plus
- Residential Substance Use Treatment Programs
- Community Support and Rehabilitation
- MAT for Opiate Dependence

Adult In-Home Services

- Mobile Crisis Response Team
- Assertive Community Treatment

Primary Care and Wellness Services

- Whole Health and Behavioral Health Home

Housing Services

- Residential, Outreach and Supportive Housing Programs

CONVENIENT LOCATIONS

BLOOMFIELD

693 BLOOMFIELD AVENUE, SUITE 101
BLOOMFIELD • CT 06002

DANIELSON

71 WESTCOTT ROAD
DANIELSON • CT 06239

ENFIELD

153 HAZARD AVENUE
ENFIELD • CT 06082

HARTFORD

999 ASYLUM AVENUE, SUITE 502
HARTFORD • CT 06105

MANCHESTER

**THE CENTER FOR HEALTH
& WELLNESS**
444 CENTER STREET
MANCHESTER • CT 06040

MANSFIELD

7B LEDGEBROOK DRIVE
MANSFIELD • CT 06250

MIDDLETOWN

955 SOUTH MAIN STREET
MIDDLETOWN • CT 06457

NORWICH

55 MAIN STREET, SUITE 410
NORWICH • CT 06360

PUTNAM

391 POMFRET STREET
PUTNAM • CT 06260

WILLIMANTIC

433 VALLEY STREET
WILLIMANTIC • CT 06226

WILLIMANTIC

1491 WEST MAIN STREET
WILLIMANTIC • CT 06226

EAST HARTFORD

474 SCHOOL STREET
EAST HARTFORD • CT 06108

FOR AVAILABILITY OF SERVICES IN YOUR AREA, CALL CHR'S
TRIAGE CENTER AT 1.877.884.3571 OR VISIT WWW.CHRHEALTH.ORG