



## Triage Center

CALL TOLL FREE 1.877.884.3571

Asking for help for a mental health or substance abuse disorder might be one of the hardest things a person will ever do. At CHR, we're here to listen and offer **real hope**.

Whether you're calling for yourself or referring someone else, asking for help is hard. If you're trying to find the right service, or just someone to listen to your concerns, help is a phone call away. CHR's Triage Center is a team of caring professionals who provide a first step toward positive and lasting change.

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### YOU TALK. WE LISTEN.

If you or someone you care about needs help, CHR is ready to listen. During the call, our attentive staff will discuss your concerns, and ask questions about health history, previous treatment and any medications. After learning about your needs, our staff will recommend the best treatment options. We'll also answer questions, discuss program eligibility requirements, process insurance information and schedule an appointment. If necessary we will link you to other providers to best meet your needs.

### WE ENCOURAGE CALLS TO:

- Receive information about available behavioral health services
- Learn about and schedule services
- Receive immediate assistance during a crisis situation due to behaviors or symptoms related to mental illness or substance abuse

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### MAKING THE CALL

To reach the Triage Center, please call toll free **1.877.884.3571**.

When seeking help for yourself or referring someone else in a non-emergency situation, the Triage Center team is available: Monday through Thursday from 8 a.m. – 8 p.m. and Friday 8 a.m. – 5 p.m.

In a crisis, CHR provides support 24 hours a day, 365 days a year. The Triage Center offers phone support and mobile emergency teams who travel directly to the person in need to provide intervention, stabilization and access to hospitalization when necessary. For a child in crisis, dial 211.

**CALL TOLL FREE**

**1.877.884.3571 OR VISIT [WWW.CHRHEALTH.ORG](http://WWW.CHRHEALTH.ORG)**

**LICENSED BY DCF AND DPH, ACCREDITED BY THE JOINT COMMISSION**



## WE'RE READY TO HELP

CHR accepts referrals from parents, guardians, family members and friends. We also take referrals from schools, hospitals, private providers, primary care physicians, pediatricians, community agencies and emergency service personnel, to name a few. We also welcome self-referrals.

CHR accepts HUSKY Part B, Medicare and most major health insurances as partial or full payment for services.

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## A NETWORK OF SUPPORT

### 24-Hour On-Call Emergency Professional Coverage

### Crisis Intervention and Support

### Outpatient Services (Adult, Child and Family)

- Clinical and psychiatric assessments
- Evaluation, treatment recommendations and medication management
- Individual, family and group therapy
- Treatment of depression, anxiety and other psychological problems
- Substance use assessment and treatment

### Child and Family Specialty Programs

- Trauma-Focused Cognitive Behavioral Therapy
- Adolescent Community Reinforcement Approach
- Foster Care
- Community Support for Families

### Child and Family In-Home Services

- Functional Family Therapy
- Intensive In-Home Child & Adolescent Psychiatric Service
- Multi-Dimensional Family Therapy

### Adult Services

- Intensive Outpatient/IOP Plus
- Residential Substance Use Treatment Programs
- Community Support and Rehabilitation
- MAT for Opiate Dependence

### Adult In-Home Services

- Mobile Crisis Response Team
- Assertive Community Treatment

### Primary Care and Wellness Services

- Whole Health and Behavioral Health Home

### Housing Services

- Residential, Outreach and Supportive Housing Programs

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## CONVENIENT LOCATIONS

### BLOOMFIELD

693 BLOOMFIELD AVENUE, SUITE 101  
BLOOMFIELD • CT 06002

### DANIELSON

71 WESTCOTT ROAD  
DANIELSON • CT 06239

### ENFIELD

153 HAZARD AVENUE  
ENFIELD • CT 06082

### HARTFORD

999 ASYLUM AVENUE, SUITE 502  
HARTFORD • CT 06105

### MANCHESTER

**THE CENTER FOR HEALTH  
& WELLNESS**  
444 CENTER STREET  
MANCHESTER • CT 06040

### MIDDLETOWN

955 SOUTH MAIN STREET  
MIDDLETOWN • CT 06457

### NORWICH

55 MAIN STREET, SUITE 410  
NORWICH • CT 06360

### PUTNAM

391 POMFRET STREET  
PUTNAM • CT 06260

### WILLIMANTIC

1491 WEST MAIN STREET  
WILLIMANTIC • CT 06226

### EAST HARTFORD

474 SCHOOL STREET  
EAST HARTFORD • CT 06108

FOR AVAILABILITY OF SERVICES IN YOUR AREA, CALL CHR'S  
TRIAGE CENTER AT **1.877.884.3571** OR VISIT [WWW.CHRHEALTH.ORG](http://WWW.CHRHEALTH.ORG)