

## Dates to Remember

Nov 1-2

**Dia De Los Muertos**

Nov 11

**Veterans Day**

Nov 12

**Diwali**

Nov 15

**Dutch-American Heritage Day**

Nov 20

**Transgender Day of Remembrance**

Nov 23

**Thanksgiving**



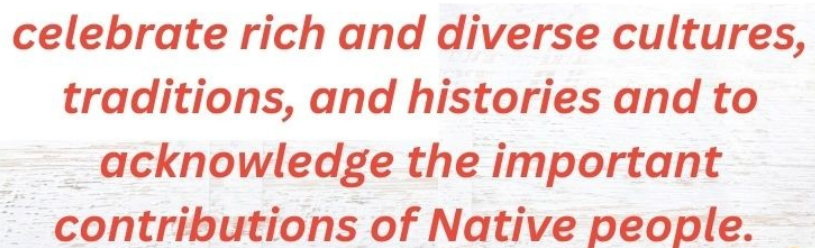
Nov 24

**Native American Heritage Day**



## NATIVE AMERICAN HERITAGE MONTH

*The month of November is a time to celebrate rich and diverse cultures, traditions, and histories and to acknowledge the important contributions of Native people.*



### DID YOU KNOW???

*1.5 million*

*The number of people who identified as Cherokee in the 2020 Census. Cherokee was the largest American Indian alone or in any combination population group in the United States in 2020. The Navajo Nation was the most common American Indian alone response with 315,086 people.*

*9.7 million*

*The nation's American Indian and Alaska Native population alone or in combination in 2020.*



## November Events

We are excited to announce the following upcoming events:

- A taste of Indigenous Foods: Cooking Demonstration by Mariah Gladstone  
Tuesday, November 28th @12pm
- Black Employee Resource Group Meeting  
Monday, November 6th @ 11am
- AFEDI Council Meeting  
Tuesday, November 21st @ 1pm

## Past Event Photos

Did you get snapped at our last event?



# NATIVE AMERICAN

## Heritage Month

### History of National Native American Heritage Month

National Native American Month started off as an effort to get a day of appreciation and acknowledgment for the unique contributions made by the first Americans for the growth and establishment of the United States. The effort has now resulted in a whole month being celebrated for that purpose.

Dr. Arthur C. Parker was one of the first supporters of having an American Indian Day. He was a Seneca Indian and the director of the Museum of Arts and Science in Rochester, New York. He was also the one to convince the Boy Scouts of America to create a day for the Native Americans — the Boy Scouts adopted this day for three days.

In 1915, a plan concerning American Indian Day was formally approved in the annual Congress of the American Indian Association meeting. The president of the American Indian Association, Rev. Sherman Coolidge, called upon the country to observe this day.

The first time American Indian Day was declared was in May 1916. In 1990, a joint resolution was approved by George H.W. Bush, which called for November to be named National American Heritage Month. Declarations like these have been issued since 1994, such as Native American Heritage Month and National American Indian and Alaska Native Heritage Month.

### NOVEMBER REMINDERS

Two months later, you'd wish  
you had started now  
One day everything you go through  
will make sense  
No one can force you to grow  
Only you can do it  
You are your home. Take care of it  
Be with people who are good for  
your mental health

OurMindfulLife.com



Want to join the DE&I Afedi Council??  
Contact Turkessa Antrum for more information!