



Brightening the Holidays Once Again!

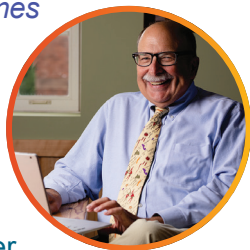
CHR's **Adopt-a-Family** program is underway and we need your help!

Donations of any amount are welcome and can be made online at www.chrhealth.org/adoptafamily, with the QR code or the enclosed envelope.



“ There’s something special to Adopt-a-Family.

To me, we are doing several good things at once. We are helping parents (and guardians) make the holidays a little more special during these tough times. We are brightening the world of children who otherwise may miss the feeling of being just a little bit special and thought of this time of year. And most importantly, to me anyway, is that we are giving parents the ability to strengthen family ties, to be “cool” in their kids’ eyes by being the ones to choose and give the gifts. And we know this will go a long way to secure their futures and their confidence in the world. We all need that. ”



– **Sheldon Bustow**, CHR Board Member