



Child and Family Outpatient Services

For children, teens and their families life can be real hard. We offer **real hope**.

Real life is filled with challenges that aren't easy to handle. Coping with issues like abuse, drugs, family conflict, illness, loss of an important relationship or problems in school can be real hard. When issues continue, emotional and behavioral problems may develop. For children, this can mean acting out at home, in school, or in the community. If emotional or behavioral problems, substance use or significant stress is part of a child's life, CHR is ready to help.

OUR CHILD AND FAMILY OUTPATIENT SERVICES

- Clinical and psychiatric assessments
- Crisis intervention
- 24 hour on call emergency professional coverage
- Evaluation, treatment recommendations and medication management
- Treatment of depression, anxiety and other psychological problems
- Treatment of co-occurring problems (mental illness and chemical dependency)
- Individual and family therapy
- Crisis support, short and long term therapy
- Collaboration and coordination with other community resources (i.e. schools, pediatricians)
- Parent support
- Specialty programs including Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
- Spanish speaking therapy

CHR ALSO OFFERS A NUMBER OF IN-HOME SERVICES INCLUDING

- Functional Family Therapy (FFT)
- Integrated Family Violence Services
- Intensive In-Home Child and Adolescent Psychiatric Services (IICAPS)
- Multidimensional Family Therapy (MDFT)

Eligibility for in-home services is specific and frequently requires Department of Children and Families referral and/or involvement. Our Triage Center will assist with these referrals.

CALL TOLL FREE

1.877.884.3571 OR VISIT WWW.CHRHEALTH.ORG

LICENSED BY DCF AND DPH, ACCREDITED BY THE JOINT COMMISSION



WE'RE READY TO HELP

CHR accepts referrals from parents, guardians, family members and friends. We also take referrals from schools, hospitals, private providers, primary care physicians, pediatricians, community agencies and emergency service personnel, to name a few. We also welcome self-referrals.

CHR accepts Medicaid, HUSKY, Medicare and most major health insurances as partial or full payment for services.

A NETWORK OF SUPPORT

24-Hour On-Call Emergency Professional Coverage

Crisis Intervention and Support

Outpatient Services (Adult, Child and Family)

- Clinical and psychiatric assessments
- Evaluation, treatment recommendations and medication management
- Individual, family and group therapy
- Treatment of depression, anxiety and other psychological problems
- Substance use assessment and treatment

Child and Family Specialty Programs

- Trauma-Focused Cognitive Behavioral Therapy
- Adolescent Community Reinforcement Approach
- Foster Care
- Community Support for Families

Child and Family In-Home Services

- Functional Family Therapy
- Intensive In-Home Child & Adolescent Psychiatric Service
- Multi-Dimensional Family Therapy

Adult Services

- Intensive Outpatient/IOP Plus
- Residential Substance Use Treatment Programs
- Community Support and Rehabilitation
- MAT for Opiate Dependence

Adult In-Home Services

- Mobile Crisis Response Team
- Assertive Community Treatment

Primary Care and Wellness Services

- Whole Health and Behavioral Health Home

Housing Services

- Residential, Outreach and Supportive Housing Programs

CONVENIENT LOCATIONS

BLOOMFIELD

693 BLOOMFIELD AVENUE, SUITE 101
BLOOMFIELD • CT 06002

DANIELSON

71 WESTCOTT ROAD
DANIELSON • CT 06239

ENFIELD

153 HAZARD AVENUE
ENFIELD • CT 06082

HARTFORD

999 ASYLUM AVENUE, SUITE 502
HARTFORD • CT 0610

MANCHESTER

THE CENTER FOR HEALTH & WELLNESS
444 CENTER STREET
MANCHESTER • CT 06040

MIDDLETOWN

955 SOUTH MAIN STREET
MIDDLETOWN • CT 06457

NORWICH

55 MAIN STREET, SUITE 410
NORWICH • CT 06360

PUTNAM

391 POMFRET STREET
PUTNAM • CT 06260

WILLIMANTIC

1310 MAIN STREET
WILLIMANTIC • CT 06226

WILLIMANTIC

1491 WEST MAIN STREET
WILLIMANTIC • CT 06226

EAST HARTFORD

474 SCHOOL STREET
EAST HARTFORD • CT 06108

FOR AVAILABILITY OF SERVICES IN YOUR AREA, CALL CHR'S
TRIAGE CENTER AT 1.877.884.3571 OR VISIT WWW.CHRHEALTH.ORG