

# We offer hope to families dealing with intimate partner violence because everyone deserves to feel safe at home.

Intimate Partner Violence is a cruel cycle that hurts families over and over—but there is hope. CHR's Intimate Partner Violence program provides intensive clinical and case management services for families who have experienced domestic violence. These primarily in-home services take into account all family members, including child and adult survivors as well as the offender. Our program focuses on increasing safety, reducing trauma, improving the parent-child relationship, and helping non-offending adults and children stabilize their lives after abuse. By educating families about the impact of domestic violence on each other and especially their children, we can help break the cycle.

## **HOW WE CAN HELP**

There are two separate models of treatment provided separately to each parent: Mothers and More and Fathers for Change. Our overall goals are to address safety concerns, end violence, teach emotion regulation skills, improve parenting and co-parenting skills. Children are also incorporated into treatment to improve parent-child relationships. Our core services include:

- Safety planning
- Trauma-focused work
- Case management and access to resources
- Assessment and referral for other mental health or substance use services

## COORDINATING CARE

A key element of our Intimate Partner Violence program is that we help coordinate and share information between agencies including child welfare; adult, family and civil courts; offender intervention services; and victim advocate services. With key agencies sharing a common understanding, we can work together to ensure that an appropriate and coordinated response is available when needed.

# **WORKING TOGETHER FOR POSITIVE CHANGE**

This program receives referrals directly from the local DCF office. Our experienced and compassionate staff are ready to help. We invite you to speak with CHR's Intimate Partner Violence Supervisor, Erica Rodriguez, at 860.646.3888 ext. 422 for more information.



## WE'RE READY TO HELP

CHR accepts referrals from parents, guardians, family members and friends. We also take referrals from schools, hospitals, private providers, primary care physicians, pediatricians, community agencies and emergency service personnel, to name a few. We also welcome self-referrals.

CHR accepts Medicaid, HUSKY, Medicare and most major health insurances as partial or full payment for services.

# A NETWORK OF SUPPORT

# 24-Hour On-Call Emergency Professional Coverage **Crisis Intervention and Support**

# **Outpatient Services (Adult, Child and Family)**

- Clinical and psychiatric assessments
- Evaluation, treatment recommendations and medication management
- Individual, family and group therapy
- Treatment of depression, anxiety and other psychological problems
- Substance abuse assessment and treatment

# **Child and Family Specialty Programs**

- Trauma-Focused Cognitive Behavioral Therapy
- Adolescent Community Reinforcement Approach
- Foster Care
- Community Support for Families

# **Child and Family In-Home Services**

- Functional Family Therapy
- Intensive In-Home Child & Adolescent Psychiatric Service
- Multi-Dimensional Family Therapy

### **Adult Services**

- Intensive Outpatient/IOP Plus
- Residential Substance Abuse Treatment Program
- Community Support and Rehabilitation Programs
- MAT for Opiate Dependence

## **Adult In-Home Services**

- Mobile Crisis Response Team
- Assertive Community Treatment

# **Primary Care and Wellness Services**

Whole Health, Behavioral Health Home and Charter Oak Health Center

## **Housing Services**

• Residential, Outreach and Supportive Housing

# CONVENIENT LOCATIONS

#### **BLOOMFIELD**

693 BLOOMFIELD AVENUE, SUITE 101 **BLOOMFIELD • CT 06002** 

## **DANIELSON**

71 WESTCOTT ROAD DANIELSON • CT 06239

#### **ENFIELD**

153 HAZARD AVENUE ENFIELD • CT 06082

### **HARTFORD**

999 ASYLUM AVENUE, SUITE 502 HARTFORD • CT 06105

## **EAST HARTFORD**

474 SCHOOL STREET EAST HARTFORD • CT 06108

#### CHARTER OAK HEALTH CENTER

21 GRAND STREET HARTFORD • CT 06106

## **MANCHESTER**

THE CENTER FOR HEALTH & **WELLNESS** 444 CENTER STREET MANCHESTER • CT 06040

#### **MIDDLETOWN**

955 SOUTH MAIN STREET MIDDLETOWN • CT 06457

## **NORWICH**

55 MAIN STREET, SUITE 410 NORWICH • CT 06360

#### **PUTNAM**

391 POMFRET STREET **PUTNAM • CT 06260** 

### **WILLIMANTIC**

1310 MAIN STREET WILLIMANTIC • CT 06226

#### **WILLIMANTIC**

1491 WEST MAIN STREET WILLIMANTIC • CT 06226

FOR AVAILABILITY OF SERVICES IN YOUR AREA, CALL CHR'S ASSESSMENT CENTER AT 1.877.884.3571 OR VISIT WWW.CHRHEALTH.ORG