Do you have a loved one struggling with a mental illness and/or a substance use disorder? Do you feel alone and overwhelmed? Are you having trouble accessing resources?

If so, we are here for you. CHR’s Adult Division has recently named Kathy Pappas, BA, as its Family Liaison.

**Kathy will:**
- Facilitate CHR’s Family Matters Meetings
- Participate in CHR’s Consumer and Family Advisory Board
- Provide assistance to families to access resources.
- Offer training and education to CHR staff on the importance of involving family in services.

The development of the Family Liaison position is made possible by CT-First, a grant to CHR from the US Substance Abuse and Mental Health Services Administration.

Call Kathy today to learn more: 860.989.1460!