

CHR has Immediate Openings in its Expanded MDFT Program and is Accepting Referrals!



The towns we cover include: Andover, Bloomfield, Bolton, East Granby, East Hartford, East Windsor, Ellington, Enfield, Glastonbury, Granby, Hartford, Hebron, Manchester, Marlborough, Somers, South Windsor, Stafford, Suffield, Tolland, Vernon, West Hartford, Windsor and Windsor Locks.

Multidimensional Family Therapy (MDFT) is an in-home, comprehensive, family-centered treatment for children and teens, ages 9 to 18, that simultaneously addresses substance use, delinquency, antisocial and aggressive behaviors, mental health disorders, and school problems. It improves parental and family functioning and prevents out-of-home placement. Care is offered by a Master's level clinician and assistant, and the team typically works with families for 3 to 5 hours per week over the course of 4 to 6 months.

We also have a designated team trained to work with youth/young adults, ages 16-21, struggling specifically with opiate use disorders. This is MDFT treatment as explained above, but also includes MAT services as appropriate and a follow-up, recovery case management support program for up to a year post discharge.

We are currently providing services in-home and utilizing telehealth as needed.

For Questions and Referrals Contact:

Christina Carlson, LMFT
Clinical Program Director

ccarlson@chrhealth.org

T: (860) 730-8710

F: (860) 697-3406



REAL LIFE. REAL HOPE.

