

We can Clubhouse





165 West Middle Turnpike
Manchester, CT 06040
(860) 646-5995

Clubhouse Hours: M-F 8:30am-4:00pm

Food Pantry Hours: M, T, W, F 9am-3pm, **Thursday Closed**



February 2020

Monday	Tuesday	Wednesday	Thursday	Friday
				31 10am-OT Movement Group 10:30 Karaoke 11:30-Cardio Drumming OTs 1:00 BINGO
3 10:30 Rock Your Monday Karaoke 11am-OT Art Class Noon- Mindful Journaling 1:00 CSP Art Group	4 11:00 OT Beading Group 11:15 Walking Group (2pm Vocational Group at 444 Center Street)	5 10am OT Game Group 10am Vocational Group 10:30 Karaoke 11:30 Mindful Coloring 12:30 Tai Chi 2pm-CSP Leisure Group	6 10:30 Dental Presentation by Goodwin College 11am-Sewing 2:00-Pathways to Recovery	7 10am-Sound Healing with Kelvin 10:30 Karaoke 11:30-Cardio Drumming OTs 1:00 BINGO
10 9:30am-'Start Your Engines'/Stress Mgt-OT 10:30 Rock Your Monday Karaoke 11am-OT Art Class Noon- Mindful Journaling	11 10:30-Avoiding Scams/Technology Safety-Presentation 11:00 OT Beading Group 11:15 Walking Group (2pm -Vocational Group at 444 Center Street)	12 10am OT Game Group 10am Vocational Group 10:30 Karaoke 11:30 OT Mindful Coloring 12:30 Tai Chi 1pm Iron Chef Pre-Planning 2pm-CSP Leisure Group	13 10am Movie Group 10:30-Express to Destress OT's 11am Sewing 11am-OT Sports Group 2:00-Pathways to Recovery	14 10am-OT Movement Group 10:30 Karaoke 11:30-Cardio Drumming OTs 1:00 BINGO
17 CLOSED Presidents' Day	18 11:00 OT Beading Group 11:15 Walking Group (2pm-Vocational Group at 444 Center Street)	19 10am OT Game Group 10am-Vocational Group 10:30 Karaoke 11:30 OT Mindful Coloring 12:30 Tai Chi 1pm Iron Chef Cooking 2pm-CSP Leisure Group	20 10am Movie Group 10:30-OT Express to Destress 11am Sewing 11am-OT Sports Group 2:00-Pathways to Recovery	21 10am-OT Movement Group 10:30 Karaoke 11:30-Cardio Drumming OTs 1:00 BINGO
24 9:30-'Start Your Engines'/Stress Mgt.-OT 10:30 Rock Your Monday Karaoke 11am -OT Art Class Noon- Mindful Journaling	25 11:00 OT Beading Group 11:15 Walking Group (2pm-Vocational Group at 444 Center Street)	26 10am OT Game Group 10am-Vocational Group 10:30 Karaoke 11:30 Mindful Coloring 12:30 Tai Chi 2pm-CSP Leisure Group	27 10am-Movie Group 10:30 OT Express to Destress 11:00am-Sewing 11am-OT Sports Group 2:00 Pathways to Recovery	28 10am-OT Movement Group 10:30 Karaoke 11:30-Cardio Drumming OTs 1:00 BINGO