

# Therapeutic Foster Care

# Children need a safe place to call home. CHR helps families provide children real hope for a loving environment.

At any given time there are thousands of children living in foster care throughout Connecticut, many having been removed from their homes because of neglect, abuse or abandonment. CHR's Therapeutic Foster Care program provides support to families fostering children with emotional or behavioral problems, helping to build safe and loving homes. CHR helps families develop specialized plans detailing short and long-term goals for the child's emotional, physical, developmental and educational needs.

# THE REWARDS ARE GREATER THAN YOU CAN IMAGINE

Our foster families have heartwarming experiences changing children's lives for the better. From stories about a boy with no basic social interaction skills becoming a cherished son, to a girl with no desire to attend class later graduating from college. As a foster parent, you will enjoy special moments like teaching a child how to ride a bike or gaining a child's trust.

# A SAFE HAVEN, LOVING HOME AND HOPE THAT EVERY CHILD DESERVES

This program was created with children ages 2 – 17 in mind, with exceptions made for adolescents up to age 19 on a case-by-case basis. Eligible children are also active with DCF and currently in foster or pre/post-adoptive living situations. Placements referred may be at risk of disruption or may simply be in need of additional support. In-home and related services are provided for three months, with extensions available.

# CHR WILL HELP YOU BECOME A SUCCESSFUL PARENT WITH:

- Personalized counseling, training and support, including 24/7 on call support from trained case managers
- A monthly stipend to cover the costs of each child's needs such as food, clothing, school supplies and more

# TO BECOME A THERAPEUTIC FOSTER PARENT YOU WILL NEED:

- To work as part of a team to help meet each child's emotional, physical, developmental and educational needs
- Allocate a room in your home for the child
- Like all parents, have the patience and capacity to love a child and help them navigate the changes and challenges of growing up





# WE'RE READY TO HELP

CHR accepts referrals from parents, guardians, family members and friends. We also take referrals from schools, hospitals, private providers, primary care physicians, pediatricians, community agencies and emergency service personnel, to name a few. We also welcome self-referrals.

CHR accepts Medicaid, HUSKY Part A & Part B, Medicare and most major health insurances as partial or full payment for services.

# A NETWORK OF SUPPORT

24-Hour On-Call Emergency Professional Coverage **Crisis Intervention and Support** 

Outpatient Services (Adult, Child and Family)

- Clinical and psychiatric assessments
- Evaluation, treatment recommendations and medication management
- Individual, family and group therapy
- Treatment of depression, anxiety and other psychological problems
- Substance abuse assessment and treatment

# **Child and Family Specialty Programs**

- Trauma-Focused Cognitive Behavioral Therapy
- Adolescent Community Reinforcement Approach
- **Foster Care**
- **Community Support for Families**

# Child and Family In-Home Services

- **Functional Family Therapy**
- Intensive In-Home Child & Adolescent **Psychiatric Service**
- Multi-Dimensional Family Therapy

#### **Adult Services**

- Intensive Outpatient/IOP Plus
- Residential Substance Abuse Treatment Program
- **Community Support and Rehabilitation Programs**
- MAT for Opiate Dependence

#### Adult In-Home Services

- Mobile Crisis Response Team
- **Assertive Community Treatment**

# **Primary Care and Wellness Services**

Whole Health, Behavioral Health Home and Charter Oak Health Center

# **Housing Services**

· Residential, Outreach and Supportive Housing Programs

# **CONVENIENT LOCATIONS**

#### **BLOOMFIELD**

693 BLOOMFIELD AVENUE, SUITE 101 BLOOMFIELD • CT 06002

#### **DANIELSON**

71 WESTCOTT ROAD DANIELSON • CT 06239

#### **ENFIELD**

153 HAZARD AVENUE ENFIELD • CT 06082

#### **HARTFORD**

999 ASYLUM AVENUE, SUITE 502 HARTFORD • CT 06105

#### **EAST HARTFORD**

**474 SCHOOL STREET** EAST HARTFORD • CT 06108

# **CHARTER OAK HEALTH CENTER**

21 GRAND STREET HARTFORD • CT 06106

#### **MANCHESTER**

THE CENTER FOR HEALTH & WELLNESS **444 CENTER STREET** MANCHESTER • CT 06040

#### **MANSFIELD**

**7B LEDGEBROOK DRIVE** MANSFIELD • CT 06250

#### **MIDDLETOWN**

955 SOUTH MAIN STREET MIDDLETOWN • CT 06457

#### NORWICH

55 MAIN STREET, SUITE 410 NORWICH • CT 06360

#### **PUTNAM**

391 POMFRET STREET **PUTNAM • CT 06260** 

# WILLIMANTIC

433 VALLEY STREET WILLIMANTIC • CT 06226

#### WILLIMANTIC

1491 WEST MAIN STREET WILLIMANTIC • CT 06226

FOR AVAILABILITY OF SERVICES IN YOUR AREA, CALL CHR'S ASSESSMENT CENTER AT 1.877.884.3571 OR VISIT WWW.CHRHEALTH.ORG