

We can Clubhouse

165 West Middle Turnpike
Manchester, CT 06040
(860) 646-5995

Clubhouse Hours: M-F 9am-4:30pm

Food Pantry Hours: M, T, W, F 9am-3pm **Thursday Closed**



MAY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
		1 9:30am Morning Stretch w/OTs 10:00 Vocational Skills Group 11am-Karaoke 2pm-CSP Leisure Group	2 9:30 Morning Stretch w/ OTs 10:00 Vocational Skills Group at 444 Center Street 11:30 Games Group w/OTs 2:00-Pathways to Recovery	3 9:30 Morning Stretch w/OTs 10:30 Walking Group 1:00 BINGO
6 9:30 Morning Stretch w/OTs 9:30 Beading Group 10:30 Mindful Movement w/OTs 11:00 Journaling	7 9:30 Morning Stretch w/OTs 10:00-OT Creative Group 1:15 Coffee Chat 2pm Vocational Skills Group at 444 Center Street 3:00 CSP Music Group	8 9:30 Morning Stretch w/ OTs 10:00 Vocational Skills Group 11am-Karaoke 2pm-CSP Leisure Group	9 9:30 Morning Stretch w/OTs 10:00 Vocational Skills Group at 444 Center Street 11-4 Sewing Class 11:30 Games Group w/OTs 2:00-Pathways to Recovery	10 9:30 Morning Stretch w/OTs 10:00 Diabetes Class 10:30 Walking Group 1:00 BINGO
13 9:30 Morning Stretch w/OTs 9:30 Beading Group 10:30 Mindful Movement/ OTs 11:00 Journaling	14 9:30 Morning Stretch w/OTs 10:00-OT Creative Group 1:15 Coffee Chat 2pm Vocational Skills Group at 444 Center Street 3:00 CSP Womens Group	15 9:30 Morning Stretch w/OTs 10:00 Vocational Skills Group 11am-Karaoke 2pm-CSP Leisure Group	16 9:30 Morning Stretch w/OTs 10:00 Vocational Skills Group at 444 Center Street 11:30 Games Group w/OTs 2:00-Pathways to Recovery	17 <div style="background-color: yellow; padding: 5px; text-align: center;"> 10-11AM Sound Healing with Kelvin </div> 1:00 Bingo
20 9:30 Morning Stretch w/OTs 9:30 Beading Group 10:30 Mindful Movement w/OTs 11:00 Journaling	21 9:30 Morning Stretch w/OTs 10:00-OT Creative Group 1:15 Coffee Chat 2pm-Vocational Skills Group at 444 Center Street 3:00 CSP Music Group	22 9:30 Morning Stretch w/OTs 10:00 Vocational Skills Group 11am-Karaoke 2pm-CSP Leisure Group	23 9:30 Morning Stretch w/OTs 10:00 Vocational Skills Group at 444 Center Street 11-4 Sewing Class 12:30 Movie Group with OT's 2:00-Pathways to Recovery	24 9:30 Morning Stretch w/OTs 10:30 Walking Group 1:00 Bingo
<div style="background-color: red; color: white; padding: 10px; font-weight: bold; font-size: 1.5em;"> CLOSED </div> MEMORIAL DAY	28 9:30 Morning Stretch w/OTs 10:00-OT Creative Group 1:15 Coffee Chat 2pm Vocational Skills Group at 444 Center Street 2:00 CSP Womens Group	29 9:30 Morning Stretch w/OTs 10:00 Vocational Skills Group 11am-Karaoke 2pm-CSP Leisure Group	30 9:30 Morning Stretch w/OTs 10:00 Vocational Skills Group at 444 Center Street 11:30 Games Group w/OTs 2:00-Pathways to Recovery	31 9:30 Morning Stretch w/OTs 10:30am Walking Group 1:00 Bingo

