

Introducing: Auricular (Ear) Acupuncture Groups!



Ear acupuncture is a painless, drug-free treatment that has been shown to help manage symptoms of depression, anxiety, chronic pain, substance use disorders and more! NEW groups are now being offered in Bloomfield:

- Tuesdays: 2 to 3 p.m.
- Thursdays: 4 to 5 p.m.

Ear acupuncture helps to promote well-being, relaxation and stress reduction. Ask your clinician if this treatment is right for you or call 860-243-6584.

Care provided by NADA-certified therapists thanks to the generosity of the George A. and Grace L. Long Foundation



REAL LIFE. REAL HOPE.

