# Having a child return from hospitalization, or be at risk for hospitalization or placement outside of the home is scary. Families facing this possibility now have real hope.

Sometimes life can feel like there are no more options. For children returning from, or at risk for, hospitalization or placement outside of the home, CHR is there to help. Our Intensive In-Home Child and Adolescent Psychiatric Services (IICAPS) is a home-based, family-focused treatment program that helps children in their homes and prevents the need for hospitalization. By recognizing a child's strengths, we can focus on them as part of a specialized treatment plan. We also help identify and resolve problems that could result in hospitalization.

# A CLOSER LOOK AT IICAPS

IICAPS is a proven approach found to be useful in a wide range of children up to age 17 and their families, including youth with emotional issues. This includes youths who are returning home from psychiatric hospitalization, at-risk for institutionalization or hospitalization, or need more than traditional outpatient services.

# **OUR SERVICES INCLUDE:**

- · Home-based, time-limited, individual and family therapy
- 24-hour crisis response
- Parent guidance and training in behavioral management techniques
- · School consultation
- · Case management

# HOPE CAN BE FOUND AT HOME

There are children who need extra help to improve important relationships at home, school and in the community. IICAPS is a proven approach found to be useful in a wide range of children up to age 17 and their families, including youth with emotional issues. This includes youths who are returning home from psychiatric hospitalization, at-risk for institutionalization or hospitalization, or need more than traditional outpatient services.

# HERE IS WHAT OUR CLIENTS AND THEIR FAMILIES ARE SAYING:

"They helped me be the mother role in the family instead of the sister role, and my son listens now."

"The best thing about the program...helping me." (8 year-old female)

CALL TOLL FREE
1.877.884.3571 OR VISIT WWW.CHRHEALTH.ORG

LICENSED BY DCF AND DPH, ACCREDITED BY THE JOINT COMMISSION

Christian Real HOPE.

# WE'RE READY TO HELP

CHR accepts referrals from parents, guardians, family members and friends. We also take referrals from schools, hospitals, private providers, primary care physicians, pediatricians, community agencies and emergency service personnel, to name a few. We also welcome self-referrals.

CHR accepts Medicaid, HUSKY Part A & Part B, Medicare and most major health insurances as partial or full payment for services.

# A NETWORK OF SUPPORT

24-Hour On-Call Emergency Professional Coverage Crisis Intervention and Support

Outpatient Services (Adult, Child and Family)

- Clinical and psychiatric assessments
- Evaluation, treatment recommendations and medication management
- · Individual, family and group therapy
- Treatment of depression, anxiety and other psychological problems
- Substance abuse assessment and treatment

# **Child and Family Specialty Programs**

- Trauma-Focused Cognitive Behavioral Therapy
- Adolescent Community Reinforcement Approach
- Foster Care
- Community Support for Families

# Child and Family In-Home Services

- Functional Family Therapy
- Intensive In-Home Child & Adolescent Psychiatric Service
- Multi-Dimensional Family Therapy

#### **Adult Services**

- Intensive Outpatient/IOP Plus
- Residential Substance Abuse Treatment Program
- Community Support and Rehabilitation Programs
- MAT for Opiate Dependence

# **Adult In-Home Services**

- Mobile Crisis Response Team
- Assertive Community Treatment Housing-Services

# **Primary Care and Wellness Services**

 Whole Health, Behavioral Health Home and Charter Oak Health Center

#### **Housing Services**

Residential, Outreach and Supportive Housing Programs

# **CONVENIENT LOCATIONS**

#### **BLOOMFIELD**

693 BLOOMFIELD AVENUE, SUITE 101 BLOOMFIELD • CT 06002

#### **DANIELSON**

71 WESTCOTT ROAD DANIELSON • CT 06239

## **ENFIELD**

153 HAZARD AVENUE ENFIELD • CT 06082

# **HARTFORD**

999 ASYLUM AVENUE, SUITE 502 HARTFORD • CT 06105

# EAST HARTFORD

474 SCHOOL STREET EAST HARTFORD • CT 06108

## **CHARTER OAK HEALTH CENTER**

21 GRAND STREET HARTFORD • CT 06106

#### **MANCHESTER**

THE CENTER FOR HEALTH & WELLNESS 444 CENTER STREET MANCHESTER • CT 06040

#### **MANSFIELD**

7B LEDGEBROOK DRIVE MANSFIELD • CT 06250

#### **MIDDLETOWN**

955 SOUTH MAIN STREET MIDDLETOWN • CT 06457

#### **NORWICH**

55 MAIN STREET, SUITE 410 NORWICH • CT 06360

# **PUTNAM**

391 POMFRET STREET PUTNAM • CT 06260

#### **WILLIMANTIC**

433 VALLEY STREET WILLIMANTIC • CT 06226

#### **WILLIMANTIC**

1491 WEST MAIN STREET WILLIMANTIC • CT 06226