Recovery may seem like an impossible destination. But we’re here to offer hope, and help on the journey.

Family, friends, faith and other support systems can often help with coping and maintaining well being. Sometimes the stress of daily life—or the existence of psychiatric, psychological, substance abuse or social issues—can feel like too much to handle. CHR is here to help with professional and personalized care. Through our diverse Adult Outpatient services, we offer hope to those 18 and older who struggle with mental illness, substance abuse or emotional/situational distress. We work together with each individual to identify goals, define recovery and create personalized treatment plans to help individuals realize their full potential.

INDIVIDUALIZED CARE PLANS

We provide specialized and effective treatments for a wide range of concerns including:

- Depression
- Anxiety disorders
- Bipolar disorder
- Psychotic disorders
- Adjustments to difficult life situations
- Difficulties with significant relationships
- Effects of trauma
- Substance abuse problems
- Self-harming behavior
- Decline in daily functioning at home or work

OUR SERVICES

- CRISIS PREVENTION, INTERVENTION AND EMERGENCY SERVICES – Assistance is available from our Mobile Crisis Response Team to people who require immediate evaluation due to urgent distress
- INTAKE EVALUATION – Initial assessment to determine the level of care an individual needs and the best way to help an individual meet his or her goals
- PSYCHIATRIC EVALUATION – Work with a psychiatrist or Advanced Practice Registered Nurse (APRN) to complete a full diagnostic evaluation and plan of care that may include medications
- INDIVIDUALIZED TREATMENT PLANNING – Treatment teams and individuals work together to develop a roadmap for achieving recovery goals
- INDIVIDUAL, GROUP AND FAMILY THERAPY – Sessions to address and advance the goals of the individual’s treatment plan
- MEDICATION MANAGEMENT SERVICES – A psychiatrist or APRN works with the individual to review medications and evaluate effectiveness, monitor for side effects and provide education about symptoms

CALL TOLL FREE
1.877.884.3571 OR VISIT WWW.CHRHEALTH.ORG
LICENSED BY DPH, ACCREDITED BY THE JOINT COMMISSION
CHR accepts referrals from parents, guardians, family members and friends. We also take referrals from schools, hospitals, private providers, primary care physicians, pediatricians, community agencies and emergency service personnel, to name a few. We also welcome self-referrals.

CHR accepts Medicaid, HUSKY Part A & Part B, Medicare and most major health insurances as partial or full payment for services.

WE'RE READY TO HELP

CHARTER OAK HEALTH CENTER
21 GRAND STREET
HARTFORD • CT 06106

BLOOMFIELD
693 BLOOMFIELD AVENUE, SUITE 101
BLOOMFIELD • CT 06002

DANIELSON
71 WESTCOTT ROAD
DANIELSON • CT 06239

ENFIELD
153 HAZARD AVENUE
ENFIELD • CT 06082

HARTFORD
999 ASYLUM AVENUE, SUITE 502
HARTFORD • CT 06105

MANCHESTER
THE CENTER FOR HEALTH & WELLNESS
444 CENTER STREET
MANCHESTER • CT 06040

MANSFIELD
78 LEDGEBROOK DRIVE
MANSFIELD • CT 06250

MIDDLETOWN
955 SOUTH MAIN STREET
MIDDLETOWN • CT 06457

NORWICH
55 MAIN STREET, SUITE 410
NORWICH • CT 06360

PUTNAM
391 POMFRET STREET
PUTNAM • CT 06260

WILLIMANTIC
433 VALLEY STREET
WILLIMANTIC • CT 06226

WILLIMANTIC
1491 WEST MAIN STREET
WILLIMANTIC • CT 06226

EAST HARTFORD
474 SCHOOL STREET
EAST HARTFORD • CT 06108

CONVENIENT LOCATIONS

FOR AVAILABILITY OF SERVICES IN YOUR AREA, CALL CHR’S ASSESSMENT CENTER AT 1.877.884.3571 OR VISIT WWW.CHRHEALTH.ORG