



Primary Care and Wellness

Navigating today's healthcare environment can be overwhelming, especially for people with emotional or mental health challenges. In fact, data shows that men and women with severe mental illness typically do not receive ongoing preventive care and have dramatically shorter life expectancies than the general population. That's why CHR is leading efforts throughout the region to open new doors to complete healthcare for people of all ages. Here is a look at some of our recent efforts:

THE BEHAVIORAL HEALTH HOME

Our program provides comprehensive medical care management and wellness programs for more than 1,250 individuals who are at high risk of health complications. CHR's team includes nurses, hospital-transition coordinators, behavioral health specialists, a data analyst and more. Together, the team helps clients manage their unique health needs, helping to schedule appointments, coordinate transportation and/or accompany clients to appointments. In addition, the team offers a series of highly personalized groups focused on weight loss, nutrition, stress management, fitness and other wellness goals. The program is funded by generous support from the Department of Mental Health and Addiction Services and is the largest Behavioral Health Home in the state.

WHOLE HEALTH

Based in CHR's Manchester office, this program offers primary care services for adults with serious mental illness as well as chronic physical illness. By bringing primary care to CHR's office, many men and women are receiving care for the first time in years. Providers are working together to be sure patients receive coordinated, complete care. Start-up funding comes from a federal grant and is being administered in partnership with First Choice Community Health Center.

CHARTER OAK HEALTH CENTER

Through a highly successful collaboration, CHR provides all behavioral healthcare services at Charter Oak Health Center, one of the largest Federally Qualified Health Centers in the state. CHR's team works side by side with Charter Oak providers to ensure complete care for adults and families in Hartford.

CARE IN YOUR COMMUNITY

CHR is also partnering with medical practices throughout the region to bring behavioral health services into primary care offices. We've recently launched services with a ProHealth pediatric office and are working with other providers to improve access to behavioral health services throughout the region.

CALL TOLL FREE

1.877.884.3571 OR VISIT WWW.CHRHEALTH.ORG

LICENSED BY DPH, ACCREDITED BY THE JOINT COMMISSION



WE'RE READY TO HELP

CHR accepts referrals from parents, guardians, family members and friends. We also take referrals from schools, hospitals, private providers, primary care physicians, pediatricians, community agencies and emergency service personnel, to name a few. We also welcome self-referrals.

CHR accepts Medicaid, HUSKY Part A & Part B, Medicare and most major health insurances as partial or full payment for services.

A NETWORK OF SUPPORT

24-Hour On-Call Emergency Professional Coverage Crisis Intervention and Support

Outpatient Services (Adult, Child and Family)

- Clinical and psychiatric assessments
- Evaluation, treatment recommendations and medication management
- Individual, family and group therapy
- Treatment of depression, anxiety and other psychological problems
- Substance abuse assessment and treatment

Child and Family Specialty Programs

- Trauma-Focused Cognitive Behavioral Therapy
- Adolescent Community Reinforcement Approach
- Foster Care
- Community Support for Families

Child and Family In-Home Services

- Functional Family Therapy
- Intensive In-Home Child & Adolescent Psychiatric Service
- Multi-Dimensional Family Therapy

Adult Services

- Intensive Outpatient/IOP Plus
- Residential Substance Abuse Treatment Program
- Community Support and Rehabilitation
- Programs Opiate Treatment Program (Methadone and Suboxone treatment)

Adult In-Home Services

- Mobile Crisis Response Team
- Assertive Community Treatment

Housing-Services

- Residential, Outreach and Supportive Housing Programs

CONVENIENT LOCATIONS

BLOOMFIELD

693 BLOOMFIELD AVENUE, SUITE 101
BLOOMFIELD • CT 06002

DANIELSON

71 WESTCOTT ROAD
DANIELSON • CT 06239

ENFIELD

153 HAZARD AVENUE
ENFIELD • CT 06082

HARTFORD CHARTER OAK

HEALTH CENTER
21 GRAND STREET
HARTFORD • CT 06106

HARTFORD

999 ASYLUM AVENUE, SUITE 502
HARTFORD • CT 06105

HARTFORD

LATINO CLINIC
30 ARBOR STREET, SUITE 105
HARTFORD • CT 06106

MANCHESTER THE CENTER FOR HEALTH & WELLNESS

444 CENTER STREET
MANCHESTER • CT 06040

MANSFIELD

7B LEDGEBROOK DRIVE
MANSFIELD • CT 06250

MIDDLETOWN

955 SOUTH MAIN STREET
MIDDLETOWN • CT 06457

NORWICH

55 MAIN STREET, SUITE 410
NORWICH • CT 06360

PUTNAM

391 POMFRET STREET
PUTNAM • CT 06260

WILLIMANTIC

433 VALLEY STREET
WILLIMANTIC • CT 06226

WILLIMANTIC

1491 WEST MAIN STREET
WILLIMANTIC • CT 06226

FOR AVAILABILITY OF SERVICES IN YOUR AREA, CALL CHR'S
ASSESSMENT CENTER AT 1.877.884.3571 OR VISIT WWW.CHRHEALTH.ORG