



Substance Use Outpatient Services

Struggling with addiction can seem hopeless. We're here to help individuals and families reach recovery and find hope.

At CHR, we understand the struggle of substance use and co-occurring disorders and the strain they can place on our daily lives. Through our Substance Use Outpatient Services, we're here to help with personalized and professional care. Our programs are specially designed for adults in need of treatment, yet have the ability and support to recover without residential services. We believe that recovery is deeply personal, so we start by listening. Working together with individuals and their families, we help determine each person's unique needs, identify goals, define recovery and create personalized treatment plans. Every day we see people break the cycle of dependency, make healthier choices and overcome addictions. With CHR, there's real hope for recovery.

INDIVIDUALIZED ASSESSMENT AND TREATMENT PLANNING

- **SCREENING** – We determine each person's eligibility for services and the best place to meet specific needs.
- **INTAKE EVALUATION** – Our initial assessment matches individuals to the appropriate treatment programs and level of care.
- **INDIVIDUALIZED TREATMENT PLANNING** – Individuals work together with a counselor to map out a plan that identifies problems and sets personal goals.
- **PSYCHIATRIC EVALUATION** – For persons with co-occurring disorders.

CHR ALSO OFFERS A NUMBER OF ADDITIONAL SUBSTANCE USE AND CO-OCCURRING DISORDER SERVICES INCLUDING:

- **CRISIS PREVENTION, INTERVENTION AND EMERGENCY SERVICES** – Assistance is available from our Mobile Crisis Response Team to people who require immediate evaluation due to urgent distress.
- **MEDICATION ASSISTED TREATMENT** – Methadone and Buprenorphine (Suboxone) programs, including counseling and recovery support services
- **INDIVIDUAL, GROUP AND FAMILY THERAPY** – Evidence-based treatment to address and advance the goals of the individual's treatment plan.
- **INTENSIVE OUTPATIENT PROGRAMS** – Programs meet three days per week to address needs of persons in early recovery and/or struggling with relapses.
- **MEDICATION MANAGEMENT SERVICES** – A psychiatrist or APRN works with the individual to review medications and evaluate effectiveness, monitor for side effects and provide education about symptoms.

CALL TOLL FREE

1.877.884.3571 OR VISIT WWW.CHRHEALTH.ORG

LICENSED BY DPH, ACCREDITED BY THE JOINT COMMISSION



WE'RE READY TO HELP

CHR accepts referrals from parents, guardians, family members and friends. We also take referrals from schools, hospitals, private providers, primary care physicians, pediatricians, community agencies and emergency service personnel, to name a few. We also welcome self-referrals.

CHR accepts Medicaid, HUSKY Part A & Part B, Medicare and most major health insurances as partial or full payment for services.

A NETWORK OF SUPPORT

24-Hour On-Call Emergency Professional Coverage

Crisis Intervention and Support

Outpatient Services (Adult, Child and Family)

- Clinical and psychiatric assessments
- Evaluation, treatment recommendations and medication management
- Individual, family and group therapy
- Treatment of depression, anxiety and other psychological problems
- Substance abuse assessment and treatment

Child and Family Specialty Programs

- Trauma-Focused Cognitive Behavioral Therapy
- Adolescent Community Reinforcement Approach
- Foster Care
- Community Support for Families

Child and Family In-Home Services

- Functional Family Therapy
- Intensive In-Home Child & Adolescent Psychiatric Service
- Multi-Dimensional Family Therapy

Adult Services

- Intensive Outpatient/IOP Plus
- Residential Substance Abuse Treatment Program
- Community Support and Rehabilitation
- Programs Opiate Treatment Program (Methadone and Suboxone treatment)

Adult In-Home Services

- Mobile Crisis Response Team
- Assertive Community Treatment

Housing Services

- Residential, Outreach and Supportive Housing Programs

CONVENIENT LOCATIONS

BLOOMFIELD

693 BLOOMFIELD AVENUE, SUITE 101
BLOOMFIELD • CT 06002

DANIELSON

77 WESTCOTT ROAD
DANIELSON • CT 06239

ENFIELD

153 HAZARD AVENUE
ENFIELD • CT 06082

HARTFORD CHARTER OAK

HEALTH CENTER
21 GRAND STREET
HARTFORD • CT 06106

HARTFORD

999 ASYLUM AVENUE, SUITE 502
HARTFORD • CT 06105

HARTFORD

LATINO CLINIC
30 ARBOR STREET, SUITE 105
HARTFORD • CT 06106

MANCHESTER

THE CENTER FOR HEALTH
& WELLNESS
444 CENTER STREET
MANCHESTER • CT 06040

MANSFIELD

7B LEDGEBROOK DRIVE
MANSFIELD • CT 06250

MIDDLETOWN

955 SOUTH MAIN STREET
MIDDLETOWN • CT 06457

NORWICH

55 MAIN STREET, SUITE 410
NORWICH • CT 06360

PUTNAM

391 POMFRET STREET
PUTNAM • CT 06260

WILLIMANTIC

433 VALLEY STREET
WILLIMANTIC • CT 06226

WILLIMANTIC

1491 WEST MAIN STREET
WILLIMANTIC • CT 06226

FOR AVAILABILITY OF SERVICES IN YOUR AREA, CALL CHR'S
ASSESSMENT CENTER AT 1.877.884.3571 OR VISIT WWW.CHRHEALTH.ORG