Building a new life in recovery from substance use is a powerful journey. CHR gives you Real Hope and helps you plant strong roots for health and continued growth.

PROGRAM DESCRIPTION:
Roots to Recovery: A Holistic Approach to Substance Use Treatment (R2R) is an intermediate, 24/7 residential treatment for men in need of a structured environment to continue building upon their recovery skills. With 14 beds, and a variable length of stay from 90 to 180 days, R2R provides a broad range of trauma-informed programs and services, including aftercare planning and referrals. As part of the CHR behavioral healthcare system, clients have access to a broad range of recovery-oriented services.

INDIVIDUALIZED CARE PLANS:
Personalized care plans are developed at orientation, intake and assessment and adjusted, as needed. Structured daily treatment schedules may include:
- Individualized counseling
- Group therapy
- Psychiatric assessment and consultation

ADMISSION PROCEDURE:
R2R can be reached during regular business hours to schedule a phone screening; clients are admitted seven days a week. We accept all insurance including Medicaid.

CALL US:
- Phone: 860-456-1769, ext. 5
- Fax: 860-450-0144

R2R STAFF:
Sonia Heim, CAC, LADC, Program Director
Brian McMahon, Residential Case Manager
Miguel Olmo, BA, Residential Counselor

FOR GENERAL AGENCY INFORMATION OR TO ACCESS OUR ASSESSMENT CENTER CALL: 1.877.884.3571 OR VISIT WWW.CHRHEALTH.ORG
LICENSED BY DPH, ACCREDITED BY THE JOINT COMMISSION
WE’RE READY TO HELP

CHR accepts referrals from parents, guardians, family members and friends. We also take referrals from schools, hospitals, private providers, primary care physicians, pediatricians, community agencies and emergency service personnel, to name a few. We also welcome self-referrals.

CHR accepts Medicaid, HUSKY Part A & Part B, Medicare and most major health insurances as partial or full payment for services.

A NETWORK OF SUPPORT

24-Hour On-Call Emergency Professional Coverage
Crisis Intervention and Support
Outpatient Services (Adult, Child and Family)
• Clinical and psychiatric assessments
• Evaluation, treatment recommendations and medication management
• Individual, family and group therapy
• Treatment of depression, anxiety and other psychological problems
• Substance abuse assessment and treatment
Child and Family Specialty Programs
• Trauma-Focused Cognitive Behavioral Therapy
• Adolescent Community Reinforcement Approach
• Foster Care
• Community Support for Families
Child and Family In-Home Services
• Functional Family Therapy
• Intensive In-Home Child & Adolescent Psychiatric Service
• Multi-Dimensional Family Therapy
Adult Services
• Intensive Outpatient/IOP Plus
• Residential Substance Abuse Treatment Program
• Community Support and Rehabilitation Programs
• Opiate Treatment Program (Methadone and Suboxone treatment)
Adult In-Home Services
• Mobile Crisis Response Team
• Assertive Community Treatment
Housing-Services
• Residential, Outreach and Supportive Housing Programs

CONVENIENT LOCATIONS

BLOOMFIELD
693 BLOOMFIELD AVENUE, SUITE 101
BLOOMFIELD • CT 06002

DANIELSON
71 WESTCOTT ROAD
DANIELSON • CT 06239

ENFIELD
153 HAZARD AVENUE
ENFIELD • CT 06082

HARTFORD
999 ASYLUM AVENUE, SUITE 502
HARTFORD • CT 06105

LATINO CLINIC
30 ARBOR STREET
HARTFORD • CT 06106

CHARTER OAK HEALTH CENTER
21 GRAND STREET
HARTFORD • CT 06106

MANCHESTER
THE CENTER FOR HEALTH & WELLNESS
444 CENTER STREET
MANCHESTER • CT 06040

MANSFIELD
7B LEDGEBROOK DRIVE
MANSFIELD • CT 06250

MIDDLETOWN
955 SOUTH MAIN STREET
MIDDLETOWN • CT 06457

NORWICH
55 MAIN STREET, SUITE 410
NORWICH • CT 06360

PUTNAM
391 POMFRET STREET
PUTNAM • CT 06260

WILLIMANTIC
433 VALLEY STREET
WILLIMANTIC • CT 06226

WILLIMANTIC
1491 WEST MAIN STREET
WILLIMANTIC • CT 06226

FOR AVAILABILITY OF SERVICES IN YOUR AREA, CALL CHR’S ASSESSMENT CENTER AT 1.877.884.3571 OR VISIT WWW.CHRHEALTH.ORG