Roots to Recovery: A Holistic Approach to Substance Use Treatment.

1493 Main St Willimantic, CT 06226

## For more information

**Contact:** Sonia Heim, Program Director, at Sheim@chrhealth.org or 860.771.4839.

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Roots to Recovery: A Holistic Approach to Substance Use Treatment (R2R), formerly known as the Thomas Murphy Center, is an intermediate, 24/7 residential treatment for men in need of a structured environment to continue building upon their recovery skills. Clients on methadone, suboxone or other MAT maintenance programs are welcome. With 14 beds, and a variable length of stay from 90 to 180 days, R2R provides a broad range of trauma-informed programs and services, including counseling, group therapy and psychiatric assessment and consultation as well as new services such as animal-assisted therapy, acupuncture and aromatherapy. R2R also offers aftercare planning and referrals and as part of the CHR behavioral healthcare system, clients have access to a broad range of recovery-oriented services. For more information visit, www.chrhealth.org.

We hope to see you on November 16th!

