



## Assessment Center

Asking for help for a mental health or substance abuse disorder might be one of the hardest things a person will ever do. At CHR, we're here to listen and offer **real hope**.

Whether you're calling for yourself or referring someone else, asking for help is hard. If you're trying to find the right service, or just someone to listen to your concerns, help is a phone call away. CHR's Assessment Center is a team of caring professionals, including licensed and Master's level clinicians who provide a first step toward positive and lasting change.

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### YOU TALK. WE LISTEN.

If you or someone you care about needs help, the Assessment Center team is ready to listen. During the call, our attentive staff will discuss your concerns, and ask questions about health history, previous treatment and any medications. After learning about your needs, our staff will recommend the best treatment options. We'll also answer questions, discuss program eligibility requirements, process insurance information and schedule an appointment. If necessary we will link you to other providers to best meet your needs.

### WE ENCOURAGE CALLS TO:

- Receive information about available behavioral health services
- Learn about and schedule services
- Receive immediate assistance during a crisis situation due to behaviors or symptoms related to mental illness or substance abuse

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### MAKING THE CALL

To reach the Assessment Center, please call toll free **1.877.884.3571**. Hearing and speech-impaired persons calling from Connecticut may utilize our TTY number at **1.860.298.7704**.

When seeking help for yourself or referring someone else in a non-emergency situation, the Assessment Center team is available: **Monday, Tuesday and Wednesday 8 a.m. – 8 p.m.** and **Thursday and Friday 8 a.m. – 5 p.m.**

In a crisis, CHR provides support 24 hours a day, 365 days a year. The Assessment Center offers phone support and mobile emergency teams who travel directly to the person in need to provide intervention, stabilization and access to hospitalization when necessary. For a child in crisis, dial **211**.

### CALL TOLL FREE

1.877.884.3571 OR VISIT [WWW.CHRHEALTH.ORG](http://WWW.CHRHEALTH.ORG)

LICENSED BY DCF AND DPH, ACCREDITED BY THE JOINT COMMISSION



## WE'RE READY TO HELP

CHR accepts referrals from parents, guardians, family members and friends. We also take referrals from schools, hospitals, private providers, primary care physicians, pediatricians, community agencies and emergency service personnel, to name a few. We also welcome self-referrals.

CHR accepts Medicaid, HUSKY Part A & Part B, Medicare and most major health insurances as partial or full payment for services. A sliding scale fee, based on an individual's or family's ability to pay for services, is available.

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## A NETWORK OF SUPPORT

Effective January 2011, CHR and Community Prevention and Addiction Services, Inc. (CPAS) have merged. Our combined resources offer a stronger array of services and are better able meet the mental health and addiction recovery needs of children, adults and families in central and northeastern Connecticut. CPAS will operate as a division of CHR; the merged organizations will continue to be housed in their respective locations.

Our expanded network of programs is available to support you, your family or someone you have referred to us and include:

### 24-Hour On-Call Emergency Professional Coverage

#### Crisis Intervention and Support

#### Outpatient Services (Adult, Child and Family)

- Clinical and psychiatric assessments
- Evaluation, treatment recommendations and medication management
- Individual, family and group therapy
- Treatment of depression, anxiety and other psychological problems
- Substance abuse assessment and treatment

#### Child and Family Specialty Programs

- Trauma-Focused Cognitive Behavioral Therapy
- Adolescent Substance Abuse Treatment

### Child and Family In-Home Services

- Functional Family Therapy
- Intensive In-Home Child & Adolescent Psychiatric Service
- Multi-Dimensional Family Therapy

### Adult Services

- Intensive Outpatient/Partial Hospital Program
- Residential Substance Abuse Treatment Program
- Medically Monitored Detoxification Program
- Opiate Treatment Program

### Adult In-Home Services

- Mobile Crisis Response Team
- Assertive Community Treatment

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## CONVENIENT LOCATIONS

### CHR OUTPATIENT LOCATIONS

#### BLOOMFIELD

693 BLOOMFIELD AVENUE  
SUITE 101  
BLOOMFIELD • CT 06002

#### ENFIELD

153 HAZARD AVENUE  
ENFIELD • CT 06082

#### MANCHESTER

587 EAST MIDDLE TURNPIKE  
MANCHESTER • CT 06040

#### MANSFIELD

7B LEDGEBROOK DRIVE  
MANSFIELD • CT 06250

#### VERNON

43 WEST MAIN STREET  
SUITES 3 & 4  
VERNON • CT 06066

### CPAS OUTPATIENT LOCATIONS

#### DANIELSON

37 COMMERCE AVENUE  
DANIELSON • CT 06239

#### PUTNAM

391 POMFRET STREET  
PUTNAM • CT 06260

#### WILLIMANTIC

1491 WEST MAIN STREET  
WILLIMANTIC • CT 06226

FOR AVAILABILITY OF SERVICES IN YOUR AREA, CALL CHR'S  
ASSESSMENT CENTER AT 1.877.884.3571 OR VISIT [WWW.CHRHEALTH.ORG](http://WWW.CHRHEALTH.ORG)

FOR A CHILD IN CRISIS DIAL 211