Life doesn’t have to stop in order to get help for mental illness or substance abuse. At CHR, we offer real hope for recovery.

For those struggling with mental illness or substance abuse, seeking help while managing the demands of everyday life can be overwhelming. Through our Adult Partial Hospital and Intensive Outpatient Programs, we help individuals 18 and over who need short-term, intensive treatment, yet don’t need inpatient hospitalization. These programs allow individuals to live at home, attend work and tend to family responsibilities while receiving treatment services. Our Partial Hospital and Intensive Outpatient Programs help individuals stabilize symptoms while learning coping and life skills and making progress toward recovery. We also work with individuals recently discharged from a hospital, helping them transition to community living.

TOGETHER, RECOVERY IS POSSIBLE

Treatment is tailored to each individual, who together with the treatment team develops goals and a specialized plan for reaching those goals. Our treatment teams consist of licensed professionals including psychiatrists, nurses and therapists, who work with each individual to assist with his or her recovery. We also provide education and support to individuals and their families.

Programs run on the following schedule:

- Partial Hospital Program: 5 hours a day, 5 days a week, Monday – Friday
- Intensive Outpatient Program: Up to 3 hours a day, 3 to 5 days a week, Monday – Friday

SOME OF THE ACTIVITIES INCLUDE:

- COMMUNITY MEETINGS – Daily gathering to discuss community matters and the day’s schedule
- GROUP THERAPY – Daily sessions to help individuals meet their goals
- MEDICATION VISITS – One-on-one discussions with the doctor and nurse to review medications and symptoms
- EDUCATION – Individuals learn independent living skills, coping skills, use of community resources, symptom management and effective use of leisure time
- DUAL DIAGNOSIS – Specialized groups for those with both mental illness and drug/alcohol abuse

CALL TOLL FREE
1.877.884.3571 OR VISIT WWW.CHRHEALTH.ORG
LICENSED BY DPH, ACCREDITED BY THE JOINT COMMISSION
WHERE OUR CARE AND COMPASSION BEGIN

It starts with a phone call. CHR’s Assessment Center is available 24 hours a day, 365 days a year to provide help, hope and information. These caring professionals will assist with eligibility requirements for specific services. Referrals are accepted from hospitals, private providers, emergency service personnel, etc. as well as parents and guardians. Call toll free 1.877.884.3571.

CHR accepts Medicaid, HUSKY Part A & Part B, Medicare and most major health insurances as partial or full payment for services. A sliding scale fee, based on an individual’s or family’s ability to pay for services, is available.

A NETWORK OF SUPPORT

Effective January 2011, CHR and Community Prevention and Addiction Services, Inc. (CPAS) have merged. Our combined resources offer a stronger array of services and are better able meet the mental health and addiction recovery needs of children, adults and families in central and northeastern Connecticut. CPAS will operate as a division of CHR; the merged organizations will continue to be housed in their respective locations.

Our expanded network of programs is available to support you, your family or someone you have referred to us and include:

**A NETWORK OF SUPPORT**

*Child and Family In-Home Services*
- Functional Family Therapy
- Intensive In-Home Child & Adolescent Psychiatric Service
- Multi-Dimensional Family Therapy

*Adult Services*
- Intensive Outpatient/Partial Hospital Program
- Residential Substance Abuse Treatment Program
- Medically Monitored Detoxification Program
- Opiate Treatment Program

*Adult In-Home Services*
- Mobile Crisis Response Team
- Assertive Community Treatment

**CONVENIENT LOCATIONS**

**CHR OUTPATIENT LOCATIONS**

**BLOOMFIELD**
693 BLOOMFIELD AVENUE
SUITE 101
BLOOMFIELD • CT 06002

**ENFIELD**
153 HAZARD AVENUE
ENFIELD • CT 06082

**MANCHESTER**
587 EAST MIDDLE TURNPIKE
MANCHESTER • CT 06040

**MANSFIELD**
7B LEDGEBROOK DRIVE
MANSFIELD • CT 06250

**VERNON**
43 WEST MAIN STREET
SUITES 3 & 4
VERNON • CT 06066

**CPAS OUTPATIENT LOCATIONS**

**DANIELSON**
37 COMMERCE AVENUE
DANIELSON • CT 06239

**PUTNAM**
391 POMFRET STREET
PUTNAM • CT 06260

**WILLIMANTIC**
1491 WEST MAIN STREET
WILLIMANTIC • CT 06226

FOR AVAILABILITY OF SERVICES IN YOUR AREA, CALL CHR’S ASSESSMENT CENTER AT 1.877.884.3571 OR VISIT WWW.CHRHEALTH.ORG